

## Treat yourself to the Gift of Light Code Art, Sound & Healing Combo



### RAISE YOUR VIBRATION SESSION

Book 30 min, 60 min or 90 min session with Cezarina

[www.cezarinatrone.com](http://www.cezarinatrone.com) ~ Call 416-543-4800

## Cezarina's Soul-Guided Coaching Session Combo is Pure Decadence!

We begin with a soul-guided conversation to identify your need-problem-core challenge. The conversation is followed by a guided meditation as you relax & receive the **pure sonic waves from the quartz crystal bowls, the tones of tuning forks and Cezarina's Light language songs**. As your state deepens & you achieve a more profound state of relaxation, your stress melts way into these higher vibrations, your tension dissolves and your physical, emotional and mental wellbeing is harmonized. The soul-guided conversation helps prepare the mind to start letting go of stress and sets the tone for your healing experience. The crystal bowls, tuning forks and Cezarina's unique Light Language transmission help you move through the heavy energy & mental blocks; these tools serve to reduce pain on the deeper levels and support you to live more freely in a more liberated & harmonious state. Cezarina will also draw a customized light code art piece for you (an energy blueprint to take home for your meditation practice). We complete the session with a soul-guided action plan. You will leave with the guidance to remain lighter, healthier, and transformed. Cezarina is available only by appointment (call or text: 416-543-4800). **Introductory Special:** Only \$120 per 60 min session (**valid until July 13th, 2019**).

Other prices: 30 min session without art (\$65) & 90 minutes (\$170) **Location:** In person or Online

**What people are saying...** "Cezarina models a beautiful blend of compassion and sensitivity coupled with incredible inner strength. While the Light Language is a new concept to me, it feels very familiar somehow. It feels like returning home. Go see her as soon as possible! She is so filled with light and so genuine, just being around her is a soothing, calming, healing experience. Cezarina is also an intuitive teacher and transformational guide for anyone and everyone who is looking to renew their magic spark and move closer to their soul's purpose." Jaya (Toronto). **For more information on Cezarina's work :** [www.cezarinatrone.com](http://www.cezarinatrone.com)